

Monday



Chicken Burger in a Bun (G)

or



(v) (h) Cheese & Onion Flan (D.E.G)

or



(v) Cheese/Beans D.

or



Tuna Mayonnaise F.E.G.

Tuesday



Cheese & Tomato Pizza (G.D)

or



(v)(h) Garden Vegetable & Bean Stack (G.D)

or



(v) Cheese D.

or



(v) Cheddar Cheese G.D.

Wednesday



Roast Pork, Apple Sauce

or



(vg) Quorn Roast, Apple Sauce (G)

or



Tuna Mayonnaise F.E.

or



Egg Mayonnaise G.E.

Thursday



Chicken & Vegetable Pie (G)

or



(vg) Quorn Dippers in a Wrap with Tomato Salsa (G)

or



British Roast Chicken G.

Friday



Battered Fish Fillet (F.G)

or



(v)(h) Rainbow Risotto (D)

or



British Ham G.

Week 2 Dessert Menu

Monday

(v) Strawberry Whip with Fruit (D)
(vg)(h) Shortbread (G)

Tuesday

(v)(h) Ginger Cookie (G)

Wednesday

(v)(h) Jam Sponge with Custard
(D.G.E.)

Thursday

(v)(h) Chocolate Flapjack with
Orange Wedge (G)

Friday

(v) Waffle with Fruit (G.E.SB)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

Accompaniments may vary to those shown.

Pasta Option Available Daily
(v) Cheesy Tomato Pasta (G.D)

PLEASE NOTE some schools serve the cold option in a deli bag with vegetable sticks or salad, a dessert and a drink

Allergen Key

VG-Vegan, V-Vegetarian, ,
H-Homemade, G-Gluten/Wheat,
C-Celery, S-Sesame, F-Fish,
M-Mustard, SU-Sulphites, D-Dairy,
E-Eggs, SB-Soyabean.